

MURRUMBURRAH- HARDEN FLEXIBLE CARE SERVICES INC.

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June 2024 From the CEO



Welcome to our winter newsletter as the season has finally arrived with some very low temps which has resulted in some coughs and colds present.



Our clients cares continue to run at near maximums and our staff, both in office and in the field are kept busy from week to week. Due to great demand I have recently applied via an ad-hoc grant opportunity for increased funding for both Domestic Assistance & yard mowing services, hopefully approval of this will help us meet current demands.

During May we proudly honoured and celebrated our Volunteers which coincided with volunteers week - I thank every volunteer of our Flexi Care service for your continued commitment to us, basically our service would not be viable without your valuable time and efforts for this we are very grateful. A great night was enjoyed by all at our Volunteers gathering with some lively fun & games, a delicious meal and some good catch ups.





Our ongoing monthly raffles are certainly an asset to our service, thanks to those who donate prizes or give of their time to sell tickets and thanks to our community who continue to support our cause by regularly buying tickets. Stay tuned for the details of our Major raffle which will kick off in October.







For those who are interested in the progress of our new bathroom, it is well under way and we hope upon completion it will be a safer environment for all – immediately upon completion we hope to fit out our new front facade furnishings for the enjoyment of all..





In August, during school term 3 we are looking forward to engaging with the Trinity School children, the school kids are investing in some community spirit activites by way of MOW's volunteering and socialising with our Hub clients by way of 3 visits on Tuesdays. It's a fact that its very healthy for the mind and soul the interactions between the young and aged persons – we really look forward to this unfolding.

Stay warm

Maryanne (CEO)



From the Board

I know that I am at risk of repeating myself, but where has the year gone? It's hard to believe that winter is here, we've passed the shortest day and Christmas in July celebrations are in full force!

I don't know about you, but I love following our Facebook page to see what's going on at the Hub,



who has won what in our raffles and to find out more about our incredible team of staff and volunteers.

It is interesting that so many people in our local community and those that we service still don't know much about us – what we do, how we are funded and how we are managed.

Board Members:

Judy McFadyen – Chairperson
Nicole Bolger - Secretary
Lynne Friend – Treasurer, Public Officer
Stewart Bruce – Vice Chair
Grahame Taylor – Director
Carol Barker – Director
Mandy Sachs – Director
Robert Fitzpatrick – Director
Keith Ward – Director
Maryanne Fitzgerald – CEO (ex officio)

Board meetings are always enjoyable.

We are a diverse group, always positive and always focussed on supporting Maryanne, her team and our clients.

We are often referred to as the 'under the radar charity' and part of that I suspect is that many people think that we are fully supported by government funding. How far from the truth that is!

We rely so much on the generosity of our volunteers and that of our donors to provide the extras, including our vehicles and our new accessible bathroom, that our service needs.













Our raffles have begun. The generosity of community members who donate prizes, those of you who sell tickets in the heat and cold and those of you who buy those tickets is immeasurable.

Our Management Board, Meals on Wheels, Community Transport, raffle donors, ticket sellers and so many more, are all driven by volunteers.



Our raffles continue to provide our main fundraising income and are so well supported by our community. Thank you.

Keep an eye out for our upcoming raffles, especially the monster Christmas Tree bonanza.

Flexible Care received a lovely surprise at the recent Rotary Changeover dinner when Past President Hugo Sachs presented us with a cheque for \$1000.

















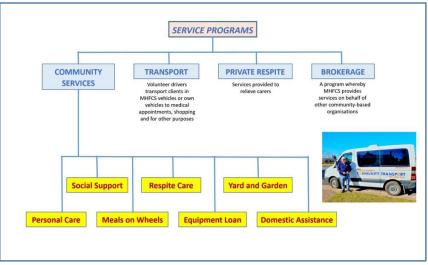




Hugo spoke some very kind words about our service and highlighted the invaluable work that we do assisting our clients.

Thank you Rotary for your generous donation and recognition of what we do in our community.

Judy



Transport News



Community Transport has continued to be very busy over these cold winter months...

We continue to have regular weekly trips to Wagga, Canberra, and surrounding areas for medical and personal appointments for clients. This month saw a couple of trips further afield to Sydney and Albury.



We have some up and coming events that we are in the process of organising, so watch this space.



TINA TURNER
TRIBUTE SHOW
COOTAMUNDATE SHOW

COTAMUNDA EXSERVICEMENS &
CITIZENS MEMORIAL CLUB
MAY
WARRENDER STORM
A MEMORIAL CLUB
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WORLD STORM
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TO BOOK STORM
TO BOOK

Last month we took a bus load of enthusiasts over to the Cootamundra S&C Club to have dinner and then attend the "Tina Turner Tribute" Show. Everyone had a lovely evening, and once again it would not have been possible if not for our wonderful volunteer drivers who take time out of their day to provide a service for our Community.

Jodi

Meals on Wheels News



Meals on Wheels provide main meals that are designed with the over 65 group in mind

Meal ordering has increased to keep up with the demand for meal deliveries.



We Welcome Victor Trevor Carter (named by office staff) to help with moving heavy items around the office.

Our special mini meal and soup and sweets has proven to be very popular.

If you require frozen meal deliveries and live on the outskirts of Harden, please ring and we can organize delivery

A big Thank you to all the care staff who help/assist with these meal deliveries

Jacinta

Care and Social Support Services



Where has the time gone, over the past 3 months we have been very busy in 'The Hub'.



THE HUB
A place to stay
connected
Tuesdays 10 am
to 2

We have celebrated theme days such as 'World Bee day' where we were lucky enough to learn of the art of honey making and sampled some of Summerfields 100% natural honey.



We also enjoyed 'World book day' and all were invited to bring in old books and audio books to share.



We had a great singa-long with Jugiong artists Leigh and Jenny which really got the Hub moving and look forward to their return later in the year.







We decorated flowers with Mandy and honoured Anzac Day and even had time for a lunch and music at the Harden Bowling Club - a day of dancing and laughter.

July is jam-packed with amazing events that have been planned, including; Pyjama Day, the Lexus Melbourne Cup visit at the showground. Throughout July we will host our very first Hub Olympics....... Hub Olympics, you ask, events have been planned around events such as; Swimming, Running and Gymnastics just to name a few, there's a twist on all the events so don't expect anyone to be jumping into the Harden pool or running around McLean oval plenty of imagination will be key so watch our Facebook page for updates on the Hub Olympics.



The Harden Bowling club have been kind enough to host a morning melodies every 3 months for our community, the next event scheduled to coincide with Christmas in July so get out your Christmas gear and dancing shoes and I'll see you there on the 25th July 24.

