

**OUR CONTACT
INFORMATION**

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facebook

FUNDRAISING EFFORTS GOING FULL-STEAM AHEAD...

Flexible Care's monthly raffles are being well supported by the local community with some extraordinary amounts raised from ticket sales. Here are the results of raffles over the past 4 months:

MOTHER'S DAY RAFFLE (MAY)

\$100 voucher for Terracotta Restaurant - won by Mick Whittington. This raffle raised \$609.

MAY RAFFLE

Load of wood – won by Bill McCaskill of Galong. This raffle raised \$1338!

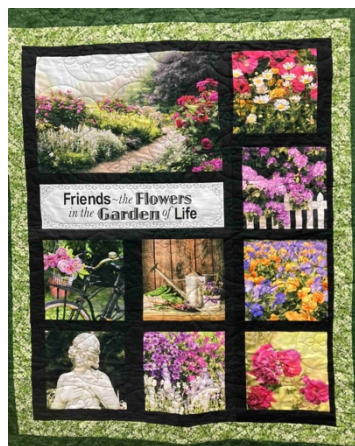
JUNE RAFFLE

Load of wood – won by Jean Chapman. Ticket sales reached \$1004. Special thanks to staff member Jacinta Potts who personally sold heaps of tickets in lieu of our usual Saturday stall down the street.

JULY RAFFLE

Load of wood – won by Ben Shea, with funds raised being \$937.

MEG SUTHERN QUILT RAFFLE



This was won by Joyce Wilson, and raised \$172. Meg's beautiful quilt is shown here.

AUGUST RAFFLE

(Father's Day)

\$200 fuel voucher – Winner was Rachel Coulton with \$1098 raised. Special thanks go to South West Fuel for their kind donation of a \$200 fuel voucher as the prize.

ANNUAL RAFFLE tickets are now on sale up to 9th December – see poster on back page with all the details. These will be on sale at the Harden Show (in pavilion on Sat, 10th Sept), at the Harden Kite Festival on 8th October and regularly up the street.

ANNUAL DONORS

Some since 2016!

Harden Post Office



HARDEN BOWLING CLUB



Jacinta (left) and Courtney from the Library drawing the Mother's Day raffle winner.

BOARD NEWS

At our recent Board meeting, CEO Maryanne Fitzgerald gave a most comprehensive report on what has been happening at Flexible Care over the past month. The list of activities, improvements and plans demonstrates that we have a healthy and vibrant organisation.

Front Entrance – thank you particularly to board directors Robert Fitzpatrick and Grahame Taylor who lent their skills to improve the entrance to Flexible Care. It is much more open, accessible and attractive now.

The Hub continues from strength to strength. A grant was secured (\$16,000) to outfit the Hub with chairs, tables, storage cubes, blinds and more. A defibrillator was also purchased with training of key personnel to follow. Recently a further grant was successful to support social interaction, including outings – see elsewhere in this newsletter for more details.

The Annual General Meeting for Flexible Care is set down for Monday, 24th October at our premises. It will commence at 4.00 pm and include the CEO's annual report and election of office-bearers for the following 12 months. Paid-up members of Flexible Care are entitled to vote. Nomination forms for the position of Director will be available soon from the office.

Quest for additional vehicle - through the Stronger Communities Program, we have applied for \$29,000 to purchase a car to support our care workers as they travel to client homes to deliver home care needs. We will not know the outcome of our submission till December but are hopeful of a good result!

Disabled Toilet – we are very aware that suitable toilet facilities adjoining the Hub will be much appreciated by clients. This is an expensive but 'doable' project. At present, we are investigating avenues of funding and doing some homework in the meantime. We will keep you posted on progress.

Annual Budget – the Board has decided, in the interests of good governance, to establish an annual budget for our organisation. This will give us a benchmark against which progress towards our goals can be measured. Thank you to board director Jan Ryan who has offered her skills in this area to assist our CEO.

Rio Fundraiser – Flexible Care will be joining with CanAssist for a major fundraiser in February next year at the Harden Country Club. The theme will be Rio and promises to be an exciting lively evening of entertainment.

Finally, with all decisions made by our talented and hard-working Board members, we always keep up front why we are here: **to assist vulnerable and frail-aged local folk to live comfortably and independently in their own homes where appropriate to do so**, helping them to access services readily available to other more able members of the community.

Stewart Bruce, Board Chairperson

MEMBERSHIP FOR 2022

Did you know you can become a paid-up member of Flexible Care Services?

This costs you just \$2 annually, and entitles you to vote at any general meetings, including our AGM. See the Office for an application form - one minute to complete! Anyone is welcome to become a member, or **renew last year's membership**. You can now also become a **LIFE MEMBER** with the payment of \$30.

Currently we have 85 paid-up members on the books.

TRANSPORT NEWS Would you like a local day out? We're looking to organise some half-day trips around Cootamundra and Young on Wednesday mornings. Please put your name down with Trish, our transport coordinator, if interested.

If you have any suggestions for good places to visit, they would be welcomed – just let Trish know your ideas!



SKIN CANCER CHECKS UPDATE

The Renault bus continues its monthly trips to the Skin Cancer Clinic at Orange.



Trips begin around 8am and the bus returns to Harden later in the afternoon. Appointments start at 11 am. There are seven spaces for appointments each month.

The bus will be going to Orange on the following remaining dates in 2022 (**all on Thursdays now**):

15th September 20th October
17th November

A full busload travelled to Orange in August.

Please ring our office and speak to Trish to book your appointment and transport.

MUSINGS FROM MARYANNE

I am really enjoying the many challenges in my new role, from the undertaking of the day to day running of our community care business and the learning process involved with the proposed Aged Care legislation changes which will affect the way we provide care to our community members.

I thank all of our staff who are so accommodating to work with and are so targeted in their focus of providing all forms of care for the betterment of our community clients.

It is great to see the benefits of helping those in need.

Regards,

Maryanne Fitzgerald
CEO

OPERATIONAL STATISTICS FOR THE FULL FINANCIAL YEAR

1 July 2021 - 30 June 2022

✓ Transport with voluntary drivers:	1,277 trips 83,713 km 2,349 hrs
✓ Meals provided:	2473
✓ Yard & Garden:	263 hrs
✓ Personal Care:	190 hrs
✓ Respite Care:	356 hrs
✓ Social Support:	660 hrs



The Volunteers Dinner was held at the Harden Country Club on 11th May with 48 attendees. The group enjoyed a lovely meal, participated in an specially prepared trivia quiz and were entertained with music provided by Tom Butt.

THE FLEXIBLE CARE HUB

A place to stay connected

Trinity Centre, 27 East Street, Harden

Phone (02) 6386 3561

Open Tuesdays from 10 am to 2 pm.

A social group focused on creating meaningful moments whilst offering a sense of belonging, connection & support.

Enjoy art, craft, games, hospitality and lunch!

We provide a range of social and recreational activities for all eligible clients.

NEW CARD AFTERNOON

The Hub is expanding! We are commencing an afternoon of cards **on Wednesdays, 1-3 pm in the Hub. This will kick off on 14th September.** All you need to bring is yourself. A cuppa during the afternoon will be provided. The Hub is a very pleasant bright room, with comfortable chairs, air-conditioning and resources for games and craft. Why not come along?



The Hub has commenced a series of outings for those who come along. July saw members attend a *Christmas in July* function at the Country Club, and a visit to Galong Monastery in August for morning tea and a look around. A social trip is now confirmed for 1st September to the Young Cinema and lunch at *Elevations* café. In the planning stage is a Melbourne Cup function at the Hub for 1st November.



CPR/First Aid Training has been completed recently for 15 volunteers and staff. This is part of our policy to ensure that clients are well looked after by qualified first-aiders in the event of a medical emergency. Congratulations to all participants who attended this course.

Debby Glover our retiring CEO was quietly farewelled at a luncheon at Flexible Care shortly after our May newsletter was published. Debby was presented with several gifts from staff and the Board, following some words of appreciation for the amazing work she has done over 8 years at Flexible Care. Up till recently, Debby has come in to “work” continuing to assist Maryanne when required – Debby, your generosity is appreciated.

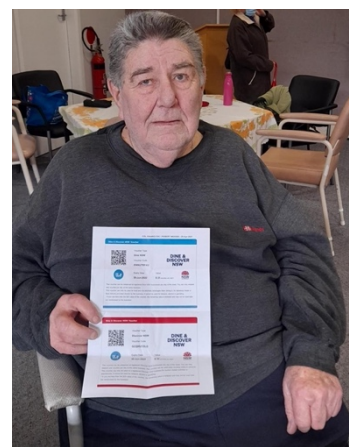
Pictured: A radiant retiring CEO with Board Chairperson Stewart Bruce.



Voucher Donations

Thank you to Clyde Smith and Robert Moodie for their donation of ServiceNSW vouchers for use by Flexible Care.

This has been appreciated.





MAJOR CASH RAFFLE

MURRUMBURRAH-HARDEN FLEXIBLE CARE

Drawn Friday 9th Dec
Harden Bowling Club



Entertainment provided



1ST PRIZE
\$ 2,000

2ND PRIZE
\$ 1,000

3RD PRIZE
\$ 500

TICKETS \$2 EA OR 3 FOR \$5

<<EFTPOS AVAILABLE>>

ON SALE NOW, CONTACT THE OFFICE IF YOU CAN HELP OUT



MURRUMBURRAH- HARDEN FLEXIBLE CARE SERVICES INC.
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Kite Festival Stall... Flexible Care will be booking a stall at the **Kite Festival for Saturday, 8th October**. If you wish to donate any items of produce, please contact Angla Leitner.

The aim is to promote our services, sell lots of tickets in our annual major cash raffle (details above) and also involve our Hub-goers with some of their art, craft, gardening and produce on the stall. This will be an excellent opportunity to create awareness of the services provided to locals by Flexible Care. We will be looking for volunteers to assist with the stall. Please contact Angla Leitner, our Care Coordinator, if you can help.