

ABN 97 982 561 559

NEWSLETTER May 2021

OUR CONTACT INFORMATION

Trinity Centre

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NEWS FROM YOUR BOARD

The big news is that Flexible Care has now moved into its new premises (the old RFS



building in the Trinity Centre) some 15 months after first expressing interest in this possibility. I join with our CEO, Debby, in thanking all who made this move happen so smoothly.

Each coordinator for our programs and the CEO has their own spacious office, together with a large reception area, training room, storage rooms, on-site kitchen and area for board meetings. The premises also has easier access to our garages.

Our activities - always important in supporting the community - have assumed a new importance with the closing of the residential aged care facility. **Our core business is to assist**

CURRENT DONORS









vulnerable and frail-aged local folk to live comfortably and independently in their own homes where appropriate to do so, helping them to access services readily available to other more able members of the community. With an aging local population, our services are set to grow as demand increases. So, the months ahead will prove challenging but exciting times for Flexible Care. Thank you for your support.

Stewart Bruce (chairperson)

SKIN CANCER CHECKS AVAILABLE

Throughout 2021, the 12-seater Renault bus will be making monthly trips to the Skin Cancer Clinic at Orange. Trips begin around 8am and the bus returns to Harden later in the afternoon. Clients who use the service are very pleased with the attention they receive. **Next trip is on Friday, 11th June**, with dates yet to be determined for July and August.

Please ring Trish Shea in our office to book your appointment and transport

RAFFLES SO FAR THIS YEAR In March our Easter Raffle was won by John McAvoy - a lovely basket

full of Easter chocolates and more! This raffle raised \$729. Then, in April our next raffle raised \$366 with first prize (\$150 voucher for Cooper's Butchery) going to **Rod West** and 2nd prize (\$150 voucher for IGA Supermarket) to **Mary Whittington**. The Mothers Day Raffle, a \$150 voucher to the Terracotta Restaurant, was won by **Kelly Potts**. It raised a further \$279. Thank you to volunteers who staffed the raffles down the street and to those who supported Flexible Care by buying tickets.

THANK YOUS...

We continue to benefit from the generosity of local organisations and individuals with donations. Thank you to the **Harden Country Club** (proceeds from the hugely successful Casino Games Night), **Harden Rotary Club**, the **Sachs family**, **Mick Brown** and **Julia Atkin**. **Graymont** (Galong Plant) has also provided significant funds to assist Flexible Care this year. All these donations, along with regular donors, help to make us make ends meet. Yes, we do receive some government grants, but they go nowhere near meeting the costs of our not-for-profit organisation.

SOCIAL TRIPS Trish, as our transport coordinator, continues to plan social trips throughout 2021. If you are even vaguely interested in taking part in these, **please let Trish know**. Then, she can alert you when a trip is organised so that you do not miss out.



OPERATIONAL STATISTICS 1st July 2020 - 30th April 2021

Here are our facts and figures for this period...

✓ Transport with voluntary drivers:

1,515 trips 83,355 km 2,408 hrs

✓ Meals provided:✓ Yard & Garden:✓ Personal Care:

3,605 215 hrs 195 hrs

✓ Respite Care:

127 hrs

✓ Social Support:

349 hrs

Know your staff: Jacinta Potts

Meals on Wheels Coordinator



MEMBERSHIP

Did you know you can become a paid-up member of Flexible Care Services? This costs you just \$2 annually, and entitles you to vote at any general meetings, including our AGM. See the Office for an application form - very simple to complete! Anyone is welcome to become a member, or **renew last year's membership.**

NOTES FROM THE CEO It has been a very

eventful and busy time since my last report. We are now settled into our new premises, which was the Rural Fire Service building, but still in the Trinity Centre. It is more spacious and functional with plenty of storage for our mobility equipment. CanAssist will also have a section for their monthly meetings.

A big thankyou to the many 'helpers' on the day who included staff, board directors, volunteers and several members from Rotary. We are looking forward to the future and seeing all of you to show you around.

Debby

CARCOAR SOCIAL OUTING A group of 16

enjoyed an excursion on 15th April to Carcoar where they visited the Toy Museum and the historic Errowanbang Woolshed. Both the Renault and Sprinter people-movers provided transport in the capable hands of volunteer drivers David Moorby and Owen Davison. Lunch break was at the Village Grocer, Carcoar. Future outings are being planned, including a trip to the National Museum of Australia, Canberra with 210,000 objects which represent Australia's history and cultural heritage.











Clockwise from top left: Pit-stop at Cowra, Old Wool Press at Errowanbang Woolshed, Toy Museum Sign (Carcoar), Guide with Group at Errowanbang, driver Owen Davison, Homeward Bound.

[thank you to Lindsay Swadling for the photos]

SOMETHING TO PONDER... A wise (and community-minded) person once said:

the first third of life is spent...
the second third of life is spent...
the last third of life is spent...

RETURNING

Thank you to all who now return something to our community with their volunteering.