

# NEWSLETTER

## May 2019

### OUR CONTACT INFORMATION

Trinity Centre  
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HARDEN NSW 2587  
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## 2019 RAFFLE IS UNDER WAY!

**1st Prize - \$5,000 cash**

**2nd Prize - \$500**

**3rd Prize - \$250**

Target  
\$10,000

\$1,500

\$0

To be drawn on 13th Dec 2019 at the Harden Country Club. Tickets are \$5 each, available from the Flexible Care Office or from board members and staff.

If you can sell a book for us, please call in to the Office.

Tickets will also be available at our stall outside the HRDC office on election day (Sat, May 18).

Despite a grey day, there was plenty to see, a lovely lunch at the Niagara Café, and return to Harden around 4 pm. Many thanks to Lindsay Swadling for sharing his photos of the trip, and Jan for her report of the outing.



Above: Marble Masterpiece by Frank Rusconi (sculptor of the *Dog on the Tuckerbox*) with 20,948 individual pieces of marble, viewed at the Gundagai Visitors Centre.

## EXCURSION TO GUNDAGAI IN MARCH

With Jan Spokes as tour leader and Owen Davison as driver, a group of 10 enjoyed an interesting historical tour from Jugiong to Gundagai through back roads.



Gundagai  
Museum

## OPERATIONAL STATISTICS THIS YEAR

**1 Jan - 31 Mar 2019**

✓ Transport with voluntary drivers:	478 trips 20,129 km 559 hrs
✓ Meals provided:	1233
✓ Yard & Garden:	62 hrs
✓ Personal Care:	100 hrs
✓ Respite Care:	79 hrs
✓ Social Activities:	104 hrs

A special thank you to all our volunteers and staff who provide this substantial service to a wide range of clients. We couldn't do it without you!

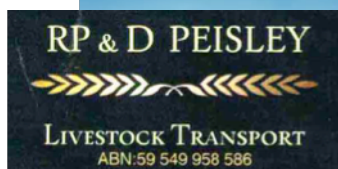
## DONORS FOR 2019



**HARDEN  
TYRE  
SERVICE**



**HARDEN BOWLING CLUB**



## BOARD NEWS



We have had four board meetings since our last newsletter in January. Our organisation is dynamic and thinking to the future. With this in mind, we are organising a **planning workshop**

– **Tuesday, 11th June, 3 - 7 pm.** The venue will be the Uniting Church Hall in Binalong Street, Murrumburrah. All our stakeholders will have the opportunity to contribute to planning which will inform our Strategic Plan 2019-2021. If interested in attending, please let the Office know, to assist with organisation.

In the meantime, some board directors have attended two local business breakfasts, networking with other businesses in our community. The Board has also now reviewed and signed off on all 58 policies that govern the operations of Flexible Care. In all, a productive time!

## SERVICE MANAGER'S NOTES

The month of January saw a drop in transport trips due to this month being a holiday for most medical personnel.

During February, two new cars were purchased for Flexible Care – Camry and Corolla. These vehicles have now been branded with the Harden Community Transport logo. They complement the 12-seater Renault and our Mercedes Sprinter, both of which are wheelchair modified. All four vehicles are garaged on our premises at the Trinity Centre.

All other services have kept the staff, and our team of volunteers, very busy.

Debby Glover – Service Manager

## SKIN CANCER CHECKS AVAILABLE

The 12-seater Renault bus continues with trips to Orange in 2019 to the Central West Skin Cancer Clinic on a monthly basis. Trips begin around 8 am and the bus returns to Harden later in the afternoon. Clients who use the service are very pleased with the attention they receive.

Please ring Trish Shea in our office to book your appointment and transport

**Bookings now available for May (Friday, 17th) to November. Please book early to avoid disappointment!**

## SOCIAL OUTINGS

Please contact Trish Shea at the office to find out what is planned and to make your reservation. Coming up:

- Grenfell on 9th May (as we go to print) – painted silos, Henry Lawson's birthplace and more
- Tumut with tour leader Jan Spokes

## GOING TO YOUNG?

If you wish to travel to Young on a given Monday or Wednesday (for any reason at all), why not ring Trish on 6386 3561 and book a seat on our 12-seater Renault Masterbus.



## VOLUNTEERS NEEDED...

Please consider becoming a volunteer driver – even once a fortnight would help us! Trips can be local or farther afield. Talk to Trish Shea, our Transport Coordinator, for more details.



## SERVICES THAT WE PROVIDE....

- ✓ **TRANSPORT** – volunteer drivers transport clients as far away as Sydney in our vehicles to medical appointments, for shopping and for other purposes
- ✓ **COMMUNITY SERVICES** – which include personal care, respite care, yard & garden maintenance, Meals on Wheels, social support and equipment loan
- ✓ **PRIVATE RESPITE** – providing relief for carers
- ✓ **BROKERAGE** – whereby MHFCS provides services on behalf of other community-based organisations.

