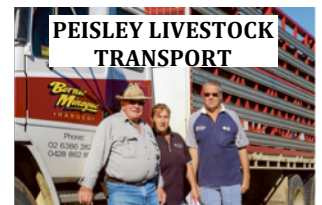


## OUR CONTACT INFORMATION

Trinity Centre  
Cr East & Albury Streets (PO Box 199)  
HARDEN NSW 2587  
Phone: 02 6386 3561  
Fax: 02 6386 3785  
Email: [manager@flexicare.org.au](mailto:manager@flexicare.org.au)  
Website: [www.flexicare.org.au](http://www.flexicare.org.au)

## OUR SPONSORS



## NOTES FROM THE BOARD

Dear Clients, Staff, Volunteers, Sponsors and Members

Recently, we welcomed Greg Sanderson to the Board. Greg brings valuable skills to our group and we look forward to his contribution.

Very shortly (23rd of this month, in fact) we have our Annual General Meeting – see details on the next page.

At a Special General Meeting in August, we upgraded our Constitution to align with the current requirements of the Department of Fair Trading.

We are moving steadily towards construction of a second double garage on the Trinity Centre site. The Board is most appreciative of the recent contribution of \$7,000 by Hilltops Council towards this project.

Stewart Bruce  
Chairperson



## A MORE COMFORTABLE RIDE?

Flexible Care Services is investigating the replacement of our Mercedes Sprinter with a better vehicle with a longer wheelbase giving a more comfortable ride.

The proposed new vehicle, possibly a Renault, will be modified for rear wheelchair access while having the capacity to carry more passengers than the Sprinter. We are also in the process of getting the best deal and sourcing funding for this project.

## SKIN CANCER CHECKS AVAILABLE

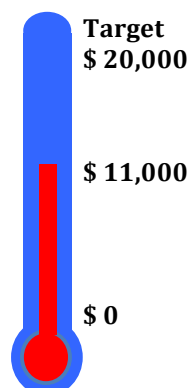
The Sprinter vehicle travels to Orange to the Central West Skin Cancer Clinic on a monthly basis. The trip begins around 8 am and returns to Harden later in the afternoon. Clients who use the service are very pleased with the attention they receive.

Please ring Trish Shea in our office  
to book your appointment and transport

## RAFFLE UPDATE

**FIRST PRIZE - \$8,000 Travel Voucher**  
**SECOND PRIZE - \$2,000 Travel Voucher**  
**(to spend as you wish!)**

Prizes and sponsorship by HelloWorld,  
Cootamundra.



Tickets \$10 each.

**We need to raise \$20,000!!**

If all our books out there were sold today, we would have made a modest profit after expenses. There are still 900 tickets to be sold to reach our goal of \$11,000 for Flexible Care Services. **Please assist with buying tickets or selling tickets if you can!!**

The lucky winners will be drawn at 8pm on 8th Dec at the Harden Country Club.

## HOW ARE WE GOING?

### Our services from 1 July 2017 to now...

- ✓ Transport with voluntary drivers: 631 trips  
29,384 km  
714 hrs
- ✓ Meals provided: 1,110
- ✓ Yard & Garden: 35 hrs
- ✓ Personal Care: 109 hrs
- ✓ Respite Care: 73 hrs
- ✓ Social Activities: 142 hrs

- ✓ **Roving lunches** on the 2nd and 4th Wednesdays of each month
- ✓ **Morning Melodies** excursion to Yass once a month
- ✓ **Gym Classes** organised by Jenny James.

If any of these interest you as a client, please contact our office.

We are a very busy organisation and take great pleasure in assisting a broad section of our local community to live independently and with dignity.

Debby Glover  
Service Manager

## ANNUAL GENERAL MEETING

**Monday 23rd October  
at Offices of Flexible Care, 5.30pm**

Election of the new board for 2017/18 and executive positions. Annual report. Membership fee. Adoption of audited financials for 2016/17. All paid-up members are entitled to vote. This is a public meeting and all are welcome to attend.

## The Staff who assist our clients with their needs are...

- **Debby Glover** – Service Manager
- **Trish Shea** – Transport Coordinator
- **Jacinta Potts** – *Meals on Wheels* coordinator
- **Jenny James** – Care Coordinator
- **Prue Pavitt, Wendy Chesworth and Kay Wyatt** – our trained care workers
- **Pat Walker** - Housekeeper



One of our newest volunteers is Mary Potts (pictured). Mary joins the team of over 50 local community members who assist with *Meals on Wheels* deliveries.

This is a big job and *Meals on Wheels* coordinator Jacinta is always looking for more volunteers. Can you help?

## RECENT TRAINING COURSES

Staff and volunteers often take the opportunity to upgrade their training and competencies. They also attend forums to keep up-to-date. In August:

- Trish Shea attended a transport forum in Wagga
- Jacinta Potts represented us at a *Meals on Wheels* forum, also in Wagga.



### SPARE HOUR OR TWO??

Why not become a volunteer driver – even once a fortnight would help us! Trips can be local or farther afield. Talk to Trish Shea, our Transport Coordinator, for more details.

## SERVICE MANAGER'S NOTES

Our Volunteers Dinner was held on 18th August but, due to the cold weather, numbers were a bit down on the usual. However, we all had a great time and an excellent dinner. This is just a special way of thanking those who assist Flexible Care Services in a voluntary capacity.



Also in August (the day before the dinner), we had our stand at the Healthy Harden Expo in the Hard Rock Gym. A special thank you to Trish and Jacinta for organising the display, and to volunteers who manned the roster. Neel from Flagstaff (our *Meals on Wheels* provider) brought tasty sample meals for everyone to try.

Don't forget our regular social functions. They include:

## FUN BOWLS DAY Sunday, 5th November, 10 am start



Come along and enjoy the day! Flat shoes or bare feet are fine. Entry is just \$10 towards our fundraising. Names should be in by 9.30 am on the day. If you don't have any bowls, no problem – they can be supplied. BBQ facilities also available. Enquiries? Contact Trish on 6386 3561.