



COMMUNITY TRANSPORT



- ✓ Trained, helpful volunteers.
- ✓ Transport to doctors' and specialists' appointments.



OFFICE HOURS
Monday to Friday
9.00 am - 3.00 pm

Respite care
for people needing
support at home
and in their
community...



Murrumburrah
Harden

Contact:

FLEXIBLE CARE SERVICES INC.

Trinity Centre

Cnr Albury & East Streets (PO Box 199)

HARDEN NSW 2587

Tel: 02 6386 3561 | Fax: 02 6386 3785

Email: manager@flexicare.org.au



Flexible Care Services Inc. is a Commonwealth Home Support Programme partially funded by the Australian Government and Transport for NSW.

DESIGN & PRINT BY **Scribblegum** | YOUNG | 02 6382 3520



Supportive
Home and Community Care
in Harden Shire



Tel: 02 6386 3561



MEALS ON WHEELS

- ✓ Hot meals and frozen meals
- 30 main meals variety
- 8 sweet varieties
- Roving lunch twice a month



*Need a little
extra help in and
around your home?*

FLEXIBLE CARE SERVICES is here
to lend a hand...

We can help you maintain your independent living with the provision of everything from Meals on Wheels and Community Transport to Yard Maintenance and Respite Care.

Give us a call and find out what we can do to make your life just that little bit easier around your home and beyond. Remember, help is only a phone call away!

Murrumburrah Harden

**FLEXIBLE CARE
SERVICES INC.**

Tel: 02 6386 3561

RESPITE & PERSONAL CARE



- ✓ 7 days a week
- Trained carers for showers and personal care allowing time out for family
- Social support

- ✓ Service for:
- Shopping
- Doctors
- Hairdressers



YARD MAINTENANCE

- ✓ Mowing and general yard care

