

MURRUMBURRAH- HARDEN FLEXIBLE CARE SERVICES INC.

ABN 97 982 561 559

NEWSLETTER

May 2016

MESSAGE FROM THE BOARD

Dear Clients, Staff, Volunteers, Sponsors and Members

We hope that you like our new-look newsletter. As you can see, this newsletter is for everyone – no matter what your association is with Flexible Care Services. The aim is to produce it as a quarterly publication and be of general interest to all.

Stewart Bruce
Chairperson

WHO IS THE BOARD?

The Board is the governing body of Flexible Care Services and currently is made up of the following people who serve in a voluntary capacity:

Stewart Bruce – Chairperson
Brian Dunn – Vice-Chairperson
Janelle Slavin – Secretary
Lyn Friend – Treasurer
Geoff Murray – Public Officer
Warren Walker – Director
Carol Barker – Director
Jan Ryan – Director (from May)
Debby Glover – Service Manager

The Board meets monthly to monitor finances and other facets of our organisation, while providing support, policy decisions and much more.



OUR ACTIVITIES are shown in the chart below.

Here is a list of what we have achieved in the past 9 months since 1st July 2015 (the start of our financial year):

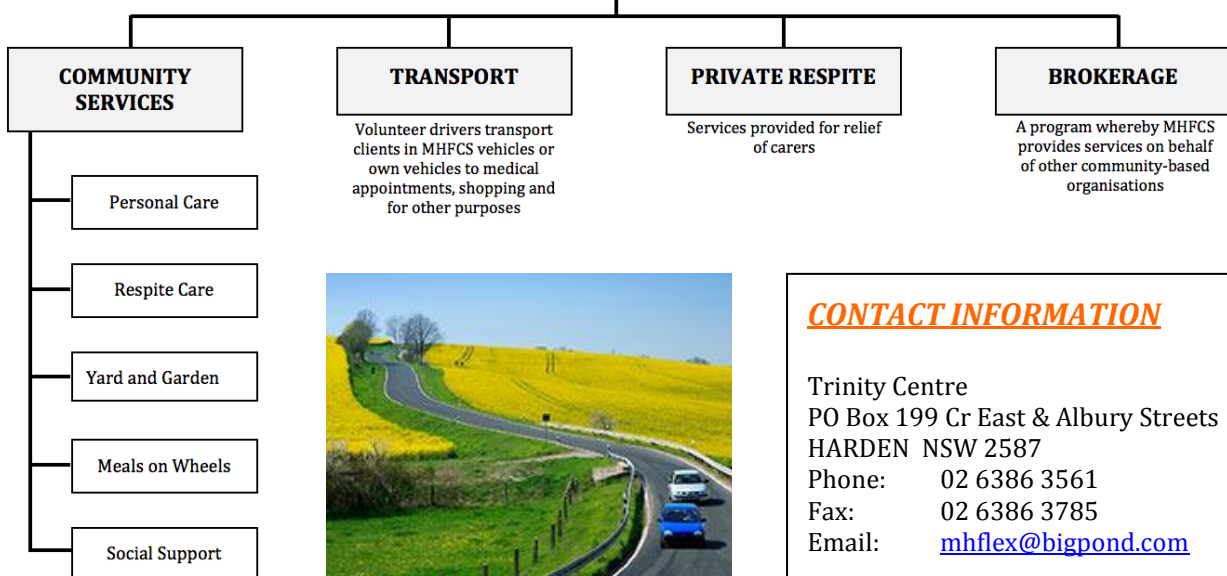
➤ Meals provided:	3,226
➤ Personal Care:	394 hrs
➤ Respite Care:	176 hrs
➤ Yard & Garden:	149 hrs
➤ Social Support:	645 hrs
➤ Transport (voluntary drivers)	1,934 trips 93,731 km !! 1,690 hrs

INTRODUCING THE STAFF OF FLEXIBLE CARE SERVICES

Debby Glover – Service Manager (responsible for the day-to-day operations of Flexible Care Services)
Trish Shea – Transport Coordinator (Tue-Fri)
Cate Minogue – Meals on Wheels Coordinator (Mon-Fri)
Jenny James – Care Manager
Jacinta Potts, Wendy Chesworth and Prue Pavitt – Care Workers
Pat Walker – House-keeper
Jeanette Murray – casual administrative worker

Assisting our staff is a wonderful group of around 70 volunteer workers. Would you like to join their ranks? If so, please phone with your interest!

SERVICE PROGRAMS



CONTACT INFORMATION

Trinity Centre
PO Box 199 Cr East & Albury Streets
HARDEN NSW 2587
Phone: 02 6386 3561
Fax: 02 6386 3785
Email: mhflex@bigpond.com

SPONSORSHIP

A number of businesses have generously supported Flexible Care Services with financial contributions or other assistance. We are very grateful for your help. Many thanks to:

- ✓ Pepe's Ducks
- ✓ Harden Pharmacy
- ✓ Harden Bowling Club
- ✓ R & D Peisley Livestock Transport
- ✓ Harden Licensed Post Office
- ✓ Twomeys

WANT TO GO SHOPPING ?



TO THE MOVIES?
ENJOY MORNING
MELODIES?



HAVE LUNCH WITH FRIENDS?

Yes, you can do all these things with transport provided by Flexible Care Services using our own 7-seater *Sprinter* (with wheelchair access), other company cars or with volunteer drivers using their own vehicles.

Roving Lunches are organised for the 2nd and 4th Wednesdays of each month. There are regular **trips to the movies** at Young and to the popular Morning Melodies at Yass.

You may wish to get a group of friends together for a **special social outing** and have us drive you to and from your destination. Local **shopping** or farther afield is not a problem for our transport vehicles. Saturdays are also available for our services.

To book or just enquire about transport services available, simply phone Flexible Care Services on 6386 3561. Our fees for transport services will be a pleasant surprise!

ANNUAL MEMBERSHIP OF FLEXIBLE CARE SERVICES JUST \$2

Why not become a member? Membership is for the calendar year and costs only \$2. We provide you with an attractive business card with your membership number. You will also be eligible to vote at general meetings of the membership, including the Annual General Meeting where elections for the new Board take place. Please contact us to join.

Currently, we have 66 paid-up members but would like to score a century! Anyone can join – you do not even have to be connected to Flexible Care Services in any way.

NEWS FROM THE BOARD

Our organisation has recently undergone a very thorough and time-consuming audit with the

Australian Aged Care Quality Agency. We are happy to say that the final audit report showed that **we met all 18 of the 18 required outcomes**. This is a wonderful result! Thankyou to clients, volunteers, staff and board members who took time to speak with the two officers who conducted the audit over a very intense 8 hours. Meanwhile, all our services continued as usual on this challenging day!

Flexible Care Services is an incorporated community not-for-profit organisation. It has its own constitution which members are free to peruse or obtain a copy. We have sought and obtained the following benefits:

- Public Benevolent Institution status
- Deductible Gift Recipient endorsement (you can provide a monetary gift to us and claim it as a tax deduction)
- Authority to Fundraise (permission from NSW Fair Trading)

We will be extensively upgrading our computer system in the near future.

SERVICE MANAGER'S COMMENTS...

"Since commencing as Service Manager 22 months ago, I have had a challenging time. I am fortunate to have a supportive staff to work with. Our clients are a diverse and interesting group of people to whom we provide a very important service".

(Debby Glover)



Pictured (L to R): Trish Shea (transport coordinator), Debby Glover (Service Manager) and Cate Minogue (Meals on Wheels coordinator)

SKIN CANCER CHECKS AVAILABLE

The Sprinter vehicle travels to Orange to the Central West Skin Cancer Clinic on a monthly basis. The trip begins around 8 am and returns to Harden later in the afternoon. Clients who use the service are very pleased with the attention they receive.

Please ring Trish Shea in our office
to book your appointment and transport

